
ELITE BREAKFAST

7 DAYS A WEEK

6:30AM - 11:00 AM

"MAKE IT YOURS"

Two Eggs Any Style 21

plain poached, sunny side up, over easy or scrambled

***Protein- Choose One**

thick-cut bacon, pork sausage, cuban chorizo chicken sausage or plant-based sausages

***Artisanal Toast - Choose One**

*whole wheat, white, multigrain, sourdough,
plain, multi-grain bagel, english muffin, gluten free*

Includes - *crispy hash brown, roasted parmesan tomatoes*

***Beverage Selection choose one**

illy® coffee, illy® decaf, english breakfast tea

Milk Selection: *whole, skim, cream, soy, oat, almond*

A BALANCED START

Choose One From Each Category 20

Cereal

*steel-cut oats, honey-nut granola, g.f. quinoa chia porridge
or gf brown rice cereal*

Milk Selection

whole, skim, cream, soy, almond

***Fresh Fruit**

banana, seasonal fruits or mixed berries

***Yogurt**

organic greek plain or seasonal fruit yogurt

***Juice Selection**

orange, apple, grapefruit, cranberry

MORE OPTIONS

Sprouted Avocado Toast V. G. 21

*poached egg, healthy sprouted lentils, salsa verde fresca, hemp seeds,
power pea tendrils, golden crispy potatoes, tomato preserve*

Pistachio Granola Bowl N 16

greek yogurt, summer berries, milk

Steel Cut Oatmeal N G. F. 14

dried blueberries, pickled apples, cinnamon, brown sugar, toasted almonds

Mindful Chia Porridge V. G. G. F. 16

chia seed, amaranth, quinoa porridge, fresh berries, almond milk, chai spice

Red Fife Pancake 20

crispy bacon, preserved berries, pecan crumble, chantilly cream, quebec maple syrup

V | VEGETARIAN VG | VEGAN VF | VEGAN FRIENDLY
N | CONTAINS NUTS P | CONTAINS PORK SF | CONTAINS SHELLFISH

Effective Jan 1, 2022, fees will be applied for paper cups (\$0.25), paper bags (\$0.15) and reusable tote bags (\$1.00) will be added to your bill, per unit used. 18% service charge, \$4.00 delivery charge and applicable sales tax will be added to your total bill. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.
